

# MRBS J.V. and Varsity Volleyball and Football Pre-Season Information for Try-outs

**To: Students in Grades 6<sup>th</sup>- 11<sup>th</sup> and Parents**  
**From: Mr. Leone**  
**Re: J.V. and Varsity Volleyball and Football**  
**Date: Wednesday, May 18, 2011**

This fall Macon Road will be offering middle school 8-man football, varsity 8-man football and J.V. and varsity volleyball. Please note the following information.

## Middle School & Varsity Football

The Varsity Football Team will begin practice on Monday, July 25<sup>th</sup> from 8:00 a.m. to 10:30 a.m. and from 6:00 p.m. to 8:00 p.m. each weekday until Monday, August 8<sup>th</sup>. Only the morning practice time will be conducted on Wednesdays (if deemed necessary by the coaches) due to Wednesday night church.

The Middle School Football Team will begin practice on Monday, August 1<sup>st</sup>, from 5:45 p.m. to 8:00 p.m. They will practice each evening this week except on Wednesday. On Wednesday, they will practice from 8:00 a.m. to 10:30 a.m.

Practices for both teams will be from 5:45-8:00 p.m. from Monday, August 8<sup>th</sup> through Monday, August 15<sup>th</sup> (no practice on Wednesday). There will be no practice on Tuesday, August 16<sup>th</sup>, due to Secondary Orientation. A set practice time will be determined the week school begins.

## Varsity and J.V. Volleyball

The J.V. and Varsity Volleyball Teams will begin tryouts on Tuesday, August 2<sup>nd</sup>, from 6:00 p.m. to 8:00 p.m. through Friday, August 12<sup>th</sup> (no practice on Wednesdays). A set practice time will be determined the week school begins.

**If your child is interested in playing sports next fall, they need to sign-up outside Mr. Leone's office. They may be contacted by the coach over the summer before the first day of try-outs.**

All students trying out for any fall sports team must be registered/enrolled for the new school year before they will be allowed to attend practice (this applies to any sport once the first day of try-outs has begun).

**For students to be eligible for try-outs the first day, they must turn in the following items (students who do not turn in the following items will not be allowed to try-out until they do so). Note: All forms must be turned in the 1<sup>st</sup> Day of Try-outs. Do NOT bring forms to the receptionist's desk or the athletic office before this time. Forms can be found on the school's website under the "Athletics" link.**

- 1. Sports Physical Examination from a Doctor (Use TAACS form on website!)**
- 2. Sports Waiver/Information Sheet (information sheet may be picked up at the receptionist's desk or off the school's website - it must be notarized)**
- 3. Fan Behavior Guideline Form**
- 4. Playing Fee Voucher Waiver (found below)**

**\$65.00 playing fee for volleyball deducted from your voucher account a few days after rosters are posted (August 8<sup>th</sup>).**

**\$125.00 playing fee for varsity football deducted from your voucher account a few days rosters are posted (August 1<sup>st</sup>).**

**\$75.00 playing fee for middle school football deducted from your voucher account a few days rosters are posted (August 8<sup>th</sup>).**

## Uniforms

Football players will need to have black cleats, a grey/silver Macon Road compression undershirt (**please note that all football players are required to purchase and wear the Macon Road compression shirt; other styles (brands) are no longer permitted**), gray girdle, thigh pads, & knee pads. These items can be purchased through the All-American Sporting Goods on Summer Avenue although you may use another sporting goods store if you prefer. **We will also be selling our used thigh & knees pads at a discounted cost (\$12.00 combo)**. The cost of these items will be approximately \$50.00-\$100.00. Those who played last year may not need to buy some of these items. **All varsity and middle school players will need to purchase a team tie from Parker Uniforms (approximately \$12).**

**Volleyball girls will be required to purchase team shoes for about \$55.00-\$60.00 and white knee pads. These items must be purchased through All-American Sporting Goods on Summer Avenue. Shoes and knee pads must be purchased by Monday, August 9<sup>th</sup>.**

All players will also have to purchase a practice uniform if they do not already have one. Short sleeve shirts are \$8.00 and the shorts are \$15.00. A long sleeve shirt (\$11.00) and a sweatshirt (\$12.00) may also be purchased as part of the practice uniform. These items may be purchased through the athletic office.

## Physicals

Athletes must have a current physical on file with the athletic office in order to participate in sports at Macon Road. Physicals are good for one year. **All athletes should have use the TAACS physical forms found on the school's website.**

## Eligibility

All athletes must be passing all subjects and maintain a C average overall. For example, an athlete can have all A's, but if he has one F he will not be eligible to play. Also, if a student is passing all classes but has 3 C's and 3 D's he will not be eligible to play because he is not maintaining a C average overall. These are the Tennessee Association of Christian Schools' (TACS) eligibility policies. **All grade averages are cumulative from the first day of each semester.**

If a student is off for grades, he will still be required to attend practices and home games unless instructed differently by his coach. Ineligible players are not allowed to attend away games. Some times when an athlete is off for grades, he is required by the coach to sit in the bleachers during practice time and study. If an athlete is ineligible due to grades, he is still required to wear "game day" dress to school on game days since he is still part of the team. If the coach does not deem it necessary for an ineligible athlete to attend the game competition with the team, the athlete will not be allowed to attend the athletic function.

## Game Season

The game seasons for both sports begin around mid-August and come to a conclusion in middle to late October. Football championships take place in November.

The dates for the volleyball J.V. Regional Tournament are October 6-7 and Varsity Regional Tournament is October 13-14. The dates for the State Varsity Tournament are October 20-21, 2011. The football playoffs begin Friday, October 21. There will be a trip fee for both volleyball teams that compete in the regional and state (if they qualify) tournament.

The J.V. and Varsity Volleyball teams along with the Varsity Football team may travel out of town for an overnight stay throughout the season to compete against teams outside the Memphis area. The cost of the trip will be around \$55.00 plus meal money for about 5 meals.

## Practice Times

Most practice times will be every day of the week except Wednesdays. The times for varsity and middle school football practices are from 3:45 p.m. to 6:00 p.m. (returning to the Berclair Campus @ 6:30 p.m. when transportation is provided) and 3:30 p.m. to 4:45 p.m. for J.V. volleyball, and from 4:15 p.m. to 6:15 p.m. for varsity volleyball.

## Try-outs and Playing Time

Please realize that the players exemplifying the best skills, attitude, and work ethic will be chosen for the team. Players chosen for the team will be given as much playing time as

possible; however, these are competitive sports and there is no guarantee to the amount of playing time each athlete will receive.

## **Transportation**

### **Football**

The athletic program would like to make it clear that all football practices will be at the East Campus. Macon Road will provide transportation from the Berclair campus to all after school practices and games. Students will need to be picked up at the East or Berclair campus at the end of each practice. Macon Road will provide transportation to all weekday practices and games from both campuses. Transportation back to the pick up location will also be provided when convenient and possible.

### **Volleyball**

The athletic program would like to make it clear that most volleyball practices will be at the Berclair campus. However, Macon Road will provide transportation from the East campus to all after school practices and after school games. Students will need to be picked up at the East or Berclair campus at the end of each practice or home game. Macon Road will provide transportation to all weekday practices and games from both campuses. Transportation back to the pick up location will also be provided when convenient and possible.

### **Athletic Handbook**

Athletes are expected to abide by the policies in the Athletic Section of the Student Handbook.

Once you have committed to the team, you are expected to complete the season. Students who do not attend practice for any length of time for any excuse other than a medical excuse when present at school will be dismissed from the team. Athletes who do not compete in the final games of the season will be considered dismissed from the team.

We look forward to a great volleyball and football season. We appreciate your support and dedication to the MRBS athletic program

# MRBS Football and Volleyball Uniform Information for 2011

**Shoes:** All new and old volleyball athletes must order a new team shoe for this year. Team shoes must be purchased by Monday, August 8<sup>th</sup> (please do not order/purchase shoes before team rosters are posted). Football players will need to wear black cleats; they may or may not be purchased through the school.

**Girdle:** Protective girdle (gray color) that is mandatory for all football players to wear. Players that purchased them from Macon Road in the past will not need to purchase new ones.

**Thigh & Knee Pads (Football):** Protective pads required for all football players to wear. Players may purchase used pads at a discounted cost through the MRBS Athletic Department.

**Compression Shirt (MRBS):** An undershirt (grey/silver color) that is mandatory for all football players to wear. All football players are required to purchase and wear the Macon Road compression shirt. Other brands (styles) are no longer permitted.

**Hooded Sweatshirt:** Athletes wanting to purchase a "MRBS" gray hooded sweatshirt may do so. This product is optional for all athletes.

**Team Duffle Bag:** Athletes wanting to purchase a blue and white Nike duffle bag may do so. This product is optional for all athletes.

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## MRBS Athletic Parent Voucher Permission Form

I give permission for MRBS to deduct the appropriate playing fee for varsity football, middle school football and volleyball on the first day rosters are posted:

- Varsity Football (\$125) – Deducted August 1<sup>st</sup>
- Middle School Football (\$75) – Deducted August 8<sup>th</sup>
- Volleyball (\$65) – Deducted August 8<sup>th</sup>

Athlete's Name \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Please bring this perforated portion to the first day of try-outs. Do NOT bring to the receptionist's desk before.

### Hoodie and/or Team Duffle Bag

\_\_\_\_\_ Hooded Sweatshirt = \$30.00            S        M        L        XL        XXL  
(optional) (Sizes will be in men's sizes)

\_\_\_\_\_ Nike Duffle Bag = \$20.00        (optional)

\_\_\_\_\_ Thigh pad/Knee pad combo (football only - used) = \$12.00

\_\_\_\_\_ Macon Road Compression Shirt (required for football) = \$15.00  
Size:    Sm.    Med.    Lg.    XL    2XL

Total Due: \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_